



# Knight Worthy News

St. Joseph Council 10627, High Bridge, New Jersey

January  
2024



# Grand Knight's Message

Worthy Brothers,

**H**appy New Year! I hope that everyone had a very Merry Christmas. I know it can be a very busy time of year as everyone is preparing for Christmas with shopping, family gatherings, etc. I hope that everyone was able to take some time with family and friends to truly enjoy Christmas and reflect upon what it means to each one of us.

December was a very busy month for our Council outside of getting ready for Christmas. On December 6<sup>th</sup>, Food for Families Activity Leader, Don Branflick, arranged along with St. Joseph Church Parish Business Administrator, Mary-Jean Fiore, and me to deliver ShopRite gift cards to the Open Cupboard Food Pantry in Clinton. The total value of the cards is \$2,900 that they hand out to clients of the food pantry as needed. It was great to meet some of the staff there and get a better understanding of how things work there. Thank you to Don and all the brother Knights who give their time at ShopRite picking up the food and at the food pantry.

Also on December 12<sup>th</sup>, Warden Jim Codd, Mary-Jean Fiore, Anne McGovern, George Mehaffey, and I brought the Jesse Tree gifts that were collected at St. Joseph Church to Veterans Haven North in Glen Gardner. We had three full cars and some gifts in a fourth car to bring to the veterans. The staff and residents that we met there were very grateful and extend their thanks to all of those who donated to help them. As a reminder, if anyone might have missed the opportunity to provide a gift to that facility, you can always drop off needed items during their regular business hours. They appreciate donations anytime of the year. We thank those veterans and the staff there for their past and continued service.

On December 14<sup>th</sup>, Treasurer, Rich Mirocco, his wife Linda, and Mary-Jean Fiore delivered the Jesse Tree gifts collected at St. Joseph Church to Life Choices in Phillipsburg. Life Choices extends their thanks for the gifts donated. As with the veterans, Life Choices also accepts donations any time of year during regular business hours. The staff there are doing great work helping some of the most vulnerable in our community. We thank them for their continued service.

At the December 14<sup>th</sup> Council Meeting, FS Andrew Rispoli and I recognized two members (one was present) who have now obtained Honorary Life Membership in the Knights of Columbus. My father, Ron Dietrich and PGK Kenneth D. Brown are now Honorary Life Members. Congratulations to both brother Knights and thank you for your service to the Council.

The Council also received thanks and gratitude from our Supreme Knight, Patrick Kelly, in the form of a letter from our participation in the K of C Aid and Support After Pregnancy (ASAP) Program.

A big thank you to our Life Director, Rich Mirocco and our FS Andrew Rispoli for doing the work to have us involved in this great program helping to support Life Choices in Phillipsburg. Rich will deliver the check to Life Choices later this month. More information on the ASAP program can be found here: <https://www.kofc.org/en/what-we-do/faith-in-action-programs/life/aid-support-after-pregnancy.html>.

As we start off the new year, I would like to keep up the momentum that we have built in the last quarter of 2023. This month we will go back to our two meeting per month format. There are also several key events this month.

The March for Life in Washington, D.C. will take place on January 19<sup>th</sup>. Even with the overturning of Roe, it is still important to continue to show support for Life. Now, more than ever, we need to continue to show law makers that we are still steadfast in our support of Life. This year's theme is For Every Woman, With Every Child. If you would like to participate in a march locally, there will be a Mass for Life at St. James Church in Woodbridge the morning of the 19<sup>th</sup> which is typically followed by a procession to the abortion facility which is one block away from the Church. Bishop Checchio led the procession last year and the rosary was prayed outside of the facility. The first ever New Jersey March for Life will take place on September 26<sup>th</sup>. It is a long way off, but still good to note this important date now. Life Director, Rich Mirocco, will have more information on these events as it becomes available.

On January 26<sup>th</sup>, Family Director, Joe Gallico, is planning to have Pizza on the Knights. This is a Friday night event geared towards Knights and their families. This gives us an opportunity to get brother Knights together, have some pizza, and spend some time together. Lots of families get pizza on a Friday night (I know my family normally does) so why not bring everyone together to share a meal? This is always a great event, and I am looking forward to seeing you all there. Please look for the sign-up information via email.

Towards the end of January, brother Chris Denis will be asking for help with the Free Throw Tournament that he has been running for many years. This is a great youth event where participation is normally very good so we will need brothers to help. More information will be put out to the Council as it becomes available.

As we get back in our daily routines after Christmas and the New Year, I am looking forward to a new year with new opportunities to ask more Catholic men to join the Order so that we can continue to help those in need in our communities. Let us continue the great work we are doing as Knights of Columbus in 2024 and beyond. Looking forward to seeing all of you at a meeting or at an event this year.

Blessed Michael McGivney, pray for us.

Vivat Jesus,

Christopher J. Dietrich, Grand Knight





Jesse Trees are a Christmas tradition that began in medieval times. The name was derived from Jesse, the father of the great Jewish King David. While the secular world focused more and more on Santa, presents, and treats, in Christian communities, the Jesse Tree is intended to remind us about Jesus—the real meaning of why we celebrate Christmas. During many Advent seasons, Jesse Trees were placed in the vestibule of St. Joseph Church by the former parish Altar-Rosary Society and later, by St. Joseph Council. Hundreds of gifts

were gathered and distributed to local families and others.

For the 2023 Advent Season, the parish continued the Jesse Tree tradition. At the suggestion of parish Business Administrator MaryJean Fiore, gifts were elicited for Life Choices in Phillipsburg and Veteran's Haven North in Glen Gardner. Both are institutions St. Joseph Council actively supports through other Life and Community Activities. Pastor Fr. Kris Kaczynski wholly endorsed her suggestions. **Parishioner and council member family response was wonderful!**



At left (R-L): MaryJean, brother Rich and his wife Linda Mirocco, preparing an entire "SUV load" of gifts



to be delivered to Life Choices.

At right (L-R): Brother Jim Codd; MaryJean; Anne McGovern, St. Joseph Parish Pastoral Associate; Grand Knight Chris Dietrich; and David Culley, Superinten-



dent-Veterans Haven North, in front of some of the parish gifts brought to the facility.

## Last Call for 2023

Annual Survey of Fraternal Activity	
Individual Member Worksheet — St. Joseph Council 10627	
<p>Every member has been asked a number of times to submit the approximate number of 2023 hours he spent performing <u>any</u> sort of work related to Faith, Family, Community or supporting Life to the Financial Secretary.</p>	
<p>The list used by the Financial Secretary to prepare the annual report is based on the information about the great work you have done. It is important that you provide accurate information so that the report is as complete as possible. Please take the time to fill out this worksheet and submit it to the Financial Secretary by the deadline.</p>	
<p><b>Member Name:</b> _____</p>	
<p><b>Family Activities:</b></p> <ul style="list-style-type: none"> <li>Church Council: _____</li> <li>St. Joseph Council: _____</li> <li>Family Rosary: _____</li> <li>Family Prayer: _____</li> <li>Family Bible Study: _____</li> <li>Family Devotion: _____</li> <li>Family Service: _____</li> <li>Family Support: _____</li> <li>Family Fundraising: _____</li> <li>Family Outreach: _____</li> <li>Family Education: _____</li> <li>Family Recreation: _____</li> <li>Family Travel: _____</li> <li>Family Dining: _____</li> <li>Family Shopping: _____</li> <li>Family Grooming: _____</li> <li>Family Health: _____</li> <li>Family Safety: _____</li> <li>Family Security: _____</li> <li>Family Insurance: _____</li> <li>Family Finance: _____</li> <li>Family Law: _____</li> <li>Family Medicine: _____</li> <li>Family Dentistry: _____</li> <li>Family Optometry: _____</li> <li>Family Podiatry: _____</li> <li>Family Chiropractic: _____</li> <li>Family Massage: _____</li> <li>Family Yoga: _____</li> <li>Family Pilates: _____</li> <li>Family Tai Chi: _____</li> <li>Family Martial Arts: _____</li> <li>Family Judo: _____</li> <li>Family Karate: _____</li> <li>Family Taekwondo: _____</li> <li>Family Jujitsu: _____</li> <li>Family Wrestling: _____</li> <li>Family Football: _____</li> <li>Family Basketball: _____</li> <li>Family Baseball: _____</li> <li>Family Softball: _____</li> <li>Family Hockey: _____</li> <li>Family Soccer: _____</li> <li>Family Volleyball: _____</li> <li>Family Tennis: _____</li> <li>Family Golf: _____</li> <li>Family Fishing: _____</li> <li>Family Hunting: _____</li> <li>Family Gardening: _____</li> <li>Family Painting: _____</li> <li>Family Sewing: _____</li> <li>Family Knitting: _____</li> <li>Family Crocheting: _____</li> <li>Family Quilting: _____</li> <li>Family Scrapbooking: _____</li> <li>Family Collecting: _____</li> <li>Family Investing: _____</li> <li>Family Trading: _____</li> <li>Family Gambling: _____</li> <li>Family Smoking: _____</li> <li>Family Drinking: _____</li> <li>Family Gambling: _____</li> <li>Family Smoking: _____</li> <li>Family Drinking: _____</li> </ul>	
<p><b>Community Activities:</b></p> <ul style="list-style-type: none"> <li>Church Council: _____</li> <li>St. Joseph Council: _____</li> <li>Family Rosary: _____</li> <li>Family Prayer: _____</li> <li>Family Bible Study: _____</li> <li>Family Devotion: _____</li> <li>Family Service: _____</li> <li>Family Support: _____</li> <li>Family Fundraising: _____</li> <li>Family Outreach: _____</li> <li>Family Education: _____</li> <li>Family Recreation: _____</li> <li>Family Travel: _____</li> <li>Family Dining: _____</li> <li>Family Shopping: _____</li> <li>Family Grooming: _____</li> <li>Family Health: _____</li> <li>Family Safety: _____</li> <li>Family Security: _____</li> <li>Family Insurance: _____</li> <li>Family Law: _____</li> <li>Family Medicine: _____</li> <li>Family Dentistry: _____</li> <li>Family Optometry: _____</li> <li>Family Podiatry: _____</li> <li>Family Chiropractic: _____</li> <li>Family Massage: _____</li> <li>Family Yoga: _____</li> <li>Family Pilates: _____</li> <li>Family Tai Chi: _____</li> <li>Family Martial Arts: _____</li> <li>Family Judo: _____</li> <li>Family Karate: _____</li> <li>Family Taekwondo: _____</li> <li>Family Jujitsu: _____</li> <li>Family Wrestling: _____</li> <li>Family Football: _____</li> <li>Family Basketball: _____</li> <li>Family Baseball: _____</li> <li>Family Softball: _____</li> <li>Family Hockey: _____</li> <li>Family Soccer: _____</li> <li>Family Volleyball: _____</li> <li>Family Tennis: _____</li> <li>Family Golf: _____</li> <li>Family Fishing: _____</li> <li>Family Hunting: _____</li> <li>Family Gardening: _____</li> <li>Family Painting: _____</li> <li>Family Sewing: _____</li> <li>Family Knitting: _____</li> <li>Family Crocheting: _____</li> <li>Family Quilting: _____</li> <li>Family Scrapbooking: _____</li> <li>Family Collecting: _____</li> <li>Family Investing: _____</li> <li>Family Trading: _____</li> <li>Family Gambling: _____</li> <li>Family Smoking: _____</li> <li>Family Drinking: _____</li> <li>Family Gambling: _____</li> <li>Family Smoking: _____</li> <li>Family Drinking: _____</li> </ul>	
<p><b>Other Activities:</b></p> <ul style="list-style-type: none"> <li>Church Council: _____</li> <li>St. Joseph Council: _____</li> <li>Family Rosary: _____</li> <li>Family Prayer: _____</li> <li>Family Bible Study: _____</li> <li>Family Devotion: _____</li> <li>Family Service: _____</li> <li>Family Support: _____</li> <li>Family Fundraising: _____</li> <li>Family Outreach: _____</li> <li>Family Education: _____</li> <li>Family Recreation: _____</li> <li>Family Travel: _____</li> <li>Family Dining: _____</li> <li>Family Shopping: _____</li> <li>Family Grooming: _____</li> <li>Family Health: _____</li> <li>Family Safety: _____</li> <li>Family Security: _____</li> <li>Family Insurance: _____</li> <li>Family Law: _____</li> <li>Family Medicine: _____</li> <li>Family Dentistry: _____</li> <li>Family Optometry: _____</li> <li>Family Podiatry: _____</li> <li>Family Chiropractic: _____</li> <li>Family Massage: _____</li> <li>Family Yoga: _____</li> <li>Family Pilates: _____</li> <li>Family Tai Chi: _____</li> <li>Family Martial Arts: _____</li> <li>Family Judo: _____</li> <li>Family Karate: _____</li> <li>Family Taekwondo: _____</li> <li>Family Jujitsu: _____</li> <li>Family Wrestling: _____</li> <li>Family Football: _____</li> <li>Family Basketball: _____</li> <li>Family Baseball: _____</li> <li>Family Softball: _____</li> <li>Family Hockey: _____</li> <li>Family Soccer: _____</li> <li>Family Volleyball: _____</li> <li>Family Tennis: _____</li> <li>Family Golf: _____</li> <li>Family Fishing: _____</li> <li>Family Hunting: _____</li> <li>Family Gardening: _____</li> <li>Family Painting: _____</li> <li>Family Sewing: _____</li> <li>Family Knitting: _____</li> <li>Family Crocheting: _____</li> <li>Family Quilting: _____</li> <li>Family Scrapbooking: _____</li> <li>Family Collecting: _____</li> <li>Family Investing: _____</li> <li>Family Trading: _____</li> <li>Family Gambling: _____</li> <li>Family Smoking: _____</li> <li>Family Drinking: _____</li> <li>Family Gambling: _____</li> <li>Family Smoking: _____</li> <li>Family Drinking: _____</li> </ul>	
<p><b>Total:</b> _____</p>	

Every member has been asked a number of times to submit the approximate number of 2023 hours he spent performing any sort of work related to Faith, Family, Community or supporting Life to the Financial Secretary.

**In addition**, a member who works to **SUPPORT THE COUNCIL** (the *Grand Knight, Deputy Grand Knight/Program Director, Recorder, Financial Secretary, Treasurer, Chancellor, Advocate, Trustee, Membership Director, K-Club, Special Events, Recruitment, Communications Activity Leaders*) needs to report the additional fraternal support time he spent time working to keep the council going. (Without that support, there would be no Faith-In-Action efforts!)

Additional Hours of Fraternal Support Service to St. Joseph Council: \_\_\_\_\_

If you don't have a copy of the worksheet form, get it from the council website <http://www.kofc10627.org/uploads/4/3/0/8/43089679/member-worksheet-fraternal-activity-survey.pdf> or contact the FS at (973) 417-3429 [andrew@maiinsulation.com](mailto:andrew@maiinsulation.com)

**Please cooperate! Thank you!**





Our council was able to donate nearly \$3,000 in ShopRite Gift Cards to the Open Cupboard Food Pantry to be used as Christmas gifts for clients of the food pantry. The gift cards were purchased with the proceeds of our annual special collection at St. Joseph Parish, a contribution from the council and a \$500 donation from the K of C for St. Joseph Council's participation in the Order's **Food for Families** program.



L-R: Don Branflick, St. Joseph Council Food for Families Activity Leader; Chris Dietrich, St. Joseph Council Grand Knight; Jennifer Tavormina, Open Cupboard Food Pantry Executive Director; MaryJean Fiore, St. Joseph Parish Business Administrator and Sue Juelch Open Cupboard Food Pantry Manager. (Don Branflick Photo)





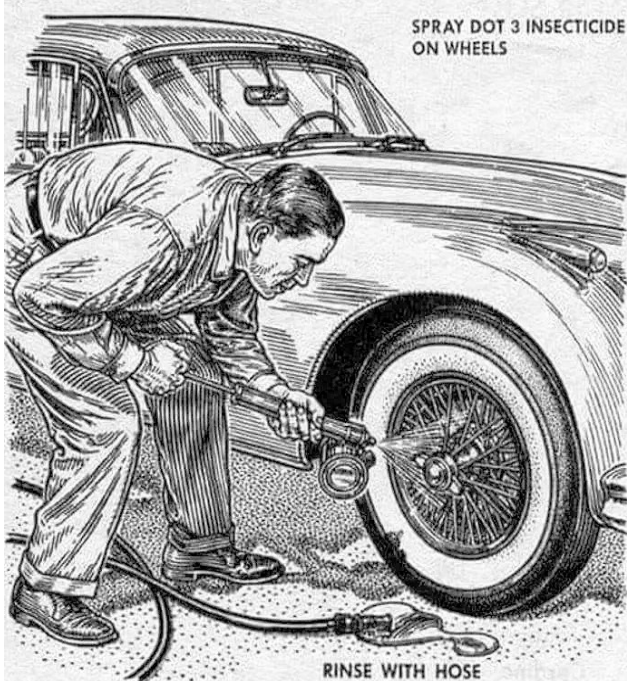
# Member News

*Honorary Life Membership* is awarded to men age 70 or older who have been dues paying members for at least 25 consecutive years. **Congratulations to brothers Ken Brown, PGK, and Ron Dietrich who recently reached that status.**

*Below:* FS Andrew Rispoli and GK Chris Dietrich presenting the Honorary Life Membership card to brother Ron Dietrich.



**FOR YOUR SAFETY!**



Wheels can be thrown out of balance by a buildup of wheel ants. Protect your car's smooth ride with weekly applications of automotive grade insecticide.

## Health Tips

### Dravinase

Bazafocal Maxiphluks Tablets



Once Daily

**Dravinase™** is a prescription medicine used to help you to lose weight.

*"I'd always struggled with my weight until taking Dravinase, and it's been great."* Janet K., Milwaukee, WI

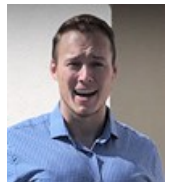


Take Dravinase in the dose and duration as advised by your doctor. Swallow it as a whole. Do not chew, crush, or break it. Dravinase may be taken with or without food, but taking it at a fixed time is better.

Side effects may include skin hypersensitivity, increased shedding of skin, intense urges to compulsively spend money, increased sexual urges, binge eating or increased desire to eat cigarettes or eggshells. Most side effects do not require medical attention and disappear as your body adjusts to Dravinase. Patients taking Dravinase may experience more than one side effect at a time. Consult your doctor if they persist or if you are concerned about them.

### Dravinase is not for everyone.

**Stop taking Dravinase** if you experience night terrors, complete stoppage of bowel movements, rainbow-colored or black urine, tremors, an increase in memory loss, frightening hallucinations, any violent psychotic behavior, or begin to grow an extra limb.



**Tell your doctor if you experience sudden death while taking Dravinase.**



### Birthdays

Sean McKay January 3  
 Robert Hugelmeyer January 5  
 Kevin Gilligan January 6  
 Aleida Gavigan January 8  
 Ross Clark January 10  
 Jo Ann Murray January 11  
 Deborah Gearity January 12  
 Anne McGovern January 12  
 Jacquie Niederle January 13  
 O'Brien Speckin January 16  
 Jim Codd January 17  
 Kevin Speckin January 17  
 Linda Patterson January 19  
 Jennifer Rispoli January 19  
 Jim Cardenas January 21  
 Kevin Teeling January 23  
 Fran Goddard January 23  
 Pam Springstun January 23  
 Beverly Knoll January 25  
 Bill Honachefsky, Jr January 27  
 Hunt Patterson January 27  
 Ken Whalen January 27

### Anniversaries

Vince & Shirley Scarponi  
 January 21

(Area Code 908 unless otherwise noted)

#### Officers:

Grand Knight	Chris Dietrich	797-0243
Chaplain	Fr. Kris Kaczynski	638-6211
Deputy G. K.	Mark Kucharski	323-0479
Chancellor	Bill Honachefsky	328-9631
Recorder	Tom Waldron	391-0284
Fin. Sec.	Andrew Rispoli	(973) 417-3429
Treasurer	Rich Mirocco	892-8252
Advocate	Mike DiMeo	892-7572
Warden	Jim Codd	892-1089
Inside Guard	Tom O'Farrell	246-7507
Outside Guard	Mike Krochta	500-0478

#### Trustees:

Tom Klawunn, PGK	246-3722
Mario Bernardo, PGK	797-6344
Tom Corrado, PGK	328-9440

#### Faith In Action Program Directors:

Faith	Tom Klawunn, PGK	246-3722
Family	Joe Gallico	507-6420
Community	<b>VACANT</b>	
Life	Rich Mirocco	892-8252

#### Fraternal Programs Directors:

Program	Mark Kucharski	323-0479
Membership	Tom O'Farrell	246-7507

**Dist. Deputy:** Michael Iannozzi 328-6605

**Ins. Agent:** Gerry Tatarka (973) 713-3394

### Council Calendar



**Council Calendar** drop down  
 at [www.kofc10627.org](http://www.kofc10627.org)

***Knight Worthy News*** is published monthly  
 and distributed via E-mail.  
[gaboyle1@comcast.net](mailto:gaboyle1@comcast.net)